

# Breakfast

SERVED ALL DAY FROM 9AM

Tuckton  
TEA GARDENS

## Ultimate Headland (gfa) £14.50

Bacon rashers, butcher's sausages, two free-range eggs your way, black pudding, grilled tomato, grilled mushrooms, baked beans and hash browns. Served with a toast.

## The Headland (gfa) £11.50

Bacon rasher, butchers sausage, free-range egg your way, grilled tomato, baked beans, hash brown and a toast.

## Gardner (v/gfa) £13.00

Vegetarian sausage, smashed avocado, sautéed spinach, grilled mushrooms, grilled tomato, baked beans and hash browns. Served with a toast.

Add halloumi - £2.50

## Eggs Royale (gfa) £13.50

Smoked salmon and two free-range poached eggs on toasted sourdough with hollandaise sauce and chive oil.

## Eggs Blackstone (gfa) £12.00

Crispy bacon and two free-range poached eggs on sourdough with hollandaise sauce and grilled tomato.

## Smashed Avocado (v/gfa) £11.00

Smashed avocado and two free-range poached eggs on sourdough, finished with toasted seeds and chive oil.

## Miners Benedict £11.00

Toasted sourdough topped with black pudding, free-range poached eggs and hollandaise sauce.

## Free-Range Eggs on Sourdough (v/gfa) £8.50

Two eggs your way, poached, scrambled or fried. Served on toasted sourdough.

## Add Items (all £2.50)

Smoked salmon, halloumi, avocado, pork sausage, bacon, black pudding, mushrooms, hash browns, free-range eggs

## BREAKFAST BAPS & SARNIES

### Brunch Bap £9.25

Crispy bacon, sausage, hash brown and a free-range egg in a toasted bap.

### Garden Bap (v) £8.50

Vegetarian sausage, grilled tomato, mushrooms and hash brown in a toasted bap.

### Bacon Sarnie (gfa) £6.50

Crispy bacon rashers served in white or brown bread.

Add free-range egg - £1.50

### Sausage Sarnie (gfa) £6.50

Butcher's sausages served in either white or brown bread.

Add free-range egg - £1.50

## BREKKIE BOWLS

### Greek Yoghurt Bowl (v/gf) £7.50

Thick Greek yoghurt topped with fruit compote, crunchy granola, drizzle of honey and toasted seeds.

### Overnight Oats (v) £6.50

Creamy overnight oats with fruit compote, crunchy granola, drizzle of honey and toasted seeds.

# Drinks & Sweet Treats

## COFFEE

### JURASSIC ROAST BEANS

Espresso	£2.80	Mocha	£3.80
Americano	£3.40	Hot Chocolate	£3.80
Flat White	£3.60	Luxury Hot Chocolate	£4.50
Cappuccino	£3.60	Cream and marshmallows	
Latte	£3.60		

Alternative milks available - 60p

## TEA SELECTION

English Breakfast	£2.80	Peppermint	£3.00
Earl Grey	£3.00	Chamomile	£3.00
Green	£3.00	Fruit tea selection	£3.00

## OUT OF THE FRIDGE

Frobisher Orange Juice	£3.50
Frobisher Apple Juice	£3.50
Cranberry Juice	£3.20
Kids Juice Cartons	£2.00
Still Water	£2.00
Sparkling Water	£2.00
Soft Drinks	£2.90
See our selection	
Iced Coffee	£3.50
Smoothies and Shakes	£6.00
See our selection of New Forest ice creams and fruit options.	

## SWEET TREATS

Sliced Cake	from £3.80
Ask for today's selection	
Toasted Tea Cake	£3.80
Scone, Butter & Jam	£5.00
Scone & Butter	£4.50
Traditional Cream Tea	£8.00
Fruit scone, clotted cream and strawberry jam served with a pot of tea for one.	

(v) vegetarian (ve) vegan (gf) gluten free (gfa) gluten free available (n) contains nuts (df) dairy free  
Please let our staff know of any allergies or intolerances, our menu does not list all ingredients used.  
Our kitchen is not a nut free environment.



# Brunch

SERVED FROM 11AM

Tuckton  
TEA GARDENS

## Wild Mushrooms

on Sourdough (v/gfa/n) £12.50

Creamy garlic mushrooms, spinach and walnuts on toasted sourdough, poached egg, finished with fresh herbs and chive oil.

## Boston Beans

£12.50

Smoky baked beans, maple roasted chorizo, poached egg, crispy onions and fresh herbs on toasted sourdough.

## Ham, Egg,

Chips & Peas (gf) £12.95

Traditional ham, two fried eggs, skin on fries and garden peas.

## Scromlettes (v)

£11.50

3 egg omelette with choice of 2 fillings, cheese, ham, mushrooms or onion, served with skin on fries and dressed leaves.

## BURGERS & SKEWERS

Served with skin on fries & house slaw

### Headland Burger (gfa) £16.00

6oz beef burger, American cheese, lettuce, tomato, pickles and house sauce in a toasted bap.

### Cowboy Burger £16.50

Southern fried chicken, American cheese, crispy bacon, pickles, BBQ mustard mayo in toasted bap.

### Garden Burger (ve/gfa) £13.50

Plant-based patty, lettuce, tomato, pickles and house relish.

### Chicken Satay

Skewers (gf/n) £14.95

Grilled chicken skewers glazed in peanut satay sauce.

### Halloumi Skewers (v/gf) £12.95

Grilled halloumi & roasted peppers with lemon and oregano dressing.

## SARNIES, BAPS & WRAPS

All £7.50 – Served with dressed leaves  
Add skin on fries - £5

### Traditional

Traditional ham, mature cheddar, pickle and lettuce

### Coronation Chicken & Lettuce

Classic coronation chicken with lettuce

### Tuna crunch

Tuna mayo with cucumber and lettuce

### BLT

Crispy bacon, lettuce, tomato and mayo

### Fish Finger

Crispy fish fingers with tartar sauce and lettuce

### The Melt

Bacon, Brie and Cranberry sauce

## PANINIS

All £8.25 – Served warm with dressed leaves

Tomato, Mozzarella & Pesto (v)

Bacon, Brie & Cranberry

Traditional Ham & Cheddar

Tuna & Cheese Melt

## SIDES

Halloumi Fries (v/vg) £6.50

Halloumi fries with sweet chilli sauce

Skin On Fries (vg/gf) £5.00

Sweet Potato Fries (vg/gf) £5.50

Crispy sweet potato fries

Garden Salad (vg/gf) £4.00

Dressed salad leaves with tomato, cucumber and red onion

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